A Natural Approach to Attention Deficit Disorder (ADHD)

A study of 30 children and adults diagnosed with ADD found Flavay® worked just as well as the commonly prescribed stimulant medications, including Ritalin. Many of the subjects also had other positive effects. (15)

A double-blind, placebo-controlled clinical trial of young healthy university students subjected to standard acute stress tests composed of mental arithmetic under time pressure. Stress was monitored by heart rate. Results show taking Flavay Plus® “scored significantly better, were more clear-headed, confident and composed.” (125)

Studies show students experience significantly less stress from tests, stay more clear-headed and composed, and keep a more stable mood when taking Flavay Plus®

Flavay Plus® shows significant improvement in focus and short-term memory in clinical trials

Results show taking Flavay Plus® “significantly improved ADHD symptoms and short-term auditory memory in children” in a randomized, double-blind, placebo-controlled study performed on children (ages 4 to 14) who had not received drug treatment related to ADHD.

Main outcome measures included: (i) ADHD symptoms based on DSM-IV-TR; (ii) short-term auditory memory and working memory using the Digit Span Test of the Wechsler Intelligence Scale for Children; and (iii) mental performance to visual stimuli (GO/NO GO task). No adverse events and no side effects were found. (217)

A study of children (ages 6–12) with ADHD shows taking Flavay Plus® daily for 60 days significantly improved ADHD symptoms. Improvement was observed in both inattention and hyperactivity and impulsiveness, and visual perception was also significantly improved. No adverse events and no side effects were found. (218)

Statements made herein have not been evaluated by the Food & Drug Administration. This product is not a drug and not intended to diagnose, treat, cure or prevent any disease.
Clinical data shows Flavay Plus® can significantly improve memory deficit disorders and other higher brain functions. The efficacy of taking Flavay Plus® for memory and cognition has been studied and proven in numerous randomized, double-blind placebo-controlled clinical trials (113, 14, 47, 119, 121, 124, 12, 16, 473, 474) and several pilot trials (119, 475-477). The duration of these trials varied from 6 weeks to 6 months. People from various countries all over the globe (Italy, Germany, Austria, Belgium, Israel, USA) were investigated with as many as 494 persons in a single study. The efficacy of Flavay Plus® is shown using different performance tests related to learning and memory tasks of daily life, and significant improvements were observed across the range of studies.

Flavay Plus® increases blood flow and capillary resistance, decreases capillary permeability, and increases rate of lymph flow and improves overall vascular health. Licensed and sold for vascular health in several countries all over the globe (Italy, Germany, Austria, Belgium, Israel, USA) were investigated with as many as 494 persons in a single study. The efficacy of Flavay Plus® is shown using different performance tests related to learning and memory tasks of daily life, and significant improvements were observed across the range of studies.

Flavay Plus® is shown to be an effective non-drug and safe alternative for lowering cortisol levels in athletes. Flavay Plus® can lower stress-induced cortisol levels as much as 30%. Research shows Flavay Plus® works to keep the brain’s processes within normal limits, raising them when they are low and lowering them when they are high. This means Flavay Plus® boosts the weak stress response in the elderly person and calms down exaggerated stress in the healthy young person. Flavay Plus® has the capacity to “normalize” the stress-induced activation of the hypothalamic-pituitary-adrenal axis. A double-blind, placebo-controlled study conducted in Italy shows Flavay Plus® can lower stress-induced hormone cortisol production by as much as 30%. Several double-blind, placebo-controlled clinical trials show how Flavay Plus® can prevent and improve exercise-induced cortisol levels and other markers related to hard training. Athlete’s perception of well-being results in a profound influence in competitive spirit and performance. The research shows taking Flavay Plus® causes measurably better perception of well-being, particularly after the first week of training. Following intense weight-training, cortisol levels were measurably better perception of well-being, particularly after the first week of training.

Over-training is a natural hazard of competitive sports. During the early stages, muscles ache, heat rate and cortisol levels increase, and testosterone levels fall especially in male athletes. Your body can recover after a few days of rest but chronic over-training often causes an unhealthy ratio of the anabolic (muscle-building) hormone testosterone to the catabolic (muscle-wasting) hormone cortisol. Flavay Plus® is shown to be an effective non-drug and safe alternative for lowering cortisol levels in athletes.